

## PENTATHLON

Description: Five physical skills are interspersed with science questions in an obstacle course that will be run in a relay race style where each student passes the balloon to the next student. The team must be balanced with 2 to 3 boys and 2 to 3 girls.

Number of Participants: 4-5

Approximate Time: 20 minutes

### The Competition:

1. Appropriate athletic attire is advised (running shoes, etc.). Change of clothing is recommended during inclement weather.
2. The physical activity will include such events as: a dash, crossing a balance beam, dribbling a basketball between a row of safety cones, running through six tires on the ground, a Frisbee throw for accuracy. All of these events must be done while carrying a fragile object (such as a water-filled balloon or a egg) without breaking it.
3. One student will be placed at each position, A-D. Students cannot pass the balloon to the next student until the question is answered. The last student completes station D & E.
4. **Earth Space Science questions, based on the Florida State Standards for Grades 3-5** will be asked at tables where students stop very briefly between events. Questions should be answered as rapidly as possible to avoid loss of time.
5. Each physical obstacle and academic question must be completed correctly before proceeding to the next station. Students could be given four Frisbees and moved closer after each miss, and students should be given questions of ever decreasing levels of difficulty so they could be successful.

### Scoring:

1. The total team time to complete the event will be kept by timekeepers.
2. Penalty points are assessed for broken fragile objects (50 seconds added to team time for each broken object)
3. **Questions or problems will be scored, and each correct answer will subtract 10 seconds from the total time.**
4. **Lowest overall time wins.**